

Team FUN-damentals

Course Objectives

This workshop is designed to last four hours, but can be tailored to fit specific time frames.

Part 1:

- Generate passion/enthusiasm
- Passion starts from Within
- What excites you at work?
- Discover the importance of your role in the workplace

Part 2:

- Bring a positive attitude
- Life is 10% what happens to us and 90% how we react to it
- Lighten up
- Laughter is a strength

Part 3:

- Show people you care
- Just be nice!
- We're all in this together
- Surprise people with kindness

Is This Workshop Right for Your Group?

- Do you want to add energy and enthusiasm to your team?
- Does your team sometimes feel the treadmill effect?
- Do you have an event/meeting that you want to jazz up?

If You're not Having Fun, You're Not Doing It Right!
Companies with a fun, positive atmosphere accomplish more than those without.



Make your workplace fun, challenging, and rewarding. "Team FUN-damentals" will help you create an exhilarating and supportive work environment.

Exercises are designed to help participants understand themselves and how they can ignite their energy level. We study key principles for positively influencing teams and changing the dynamics of the workplace. Our expert instructors use **humor and active participation** to make the information memorable and to make sessions **fun!**

Participants examine their own needs:

"I got more than I expected! The instructor's communication skills were outstanding."

--Angela Kirkman, E2M

"This class was very impactful." --Jerry Park, Rogers Wireless

Participants improve their attitude:

"A lot of fun and a real confidence builder."

--Jon Thomas, Cox Communications

"I have a better understanding of the importance of being enthusiastic."

--Erin Boucicaut, Action Foundation



Participants use positive influence to improve morale:

"I want to thank you for a fabulous workshop! The feedback from the store managers has been great. I would be more than happy to recommend you to others looking for teambuilding workshops."

--Beverly Bomysoad, CRM

"I learned to be more creative and better reach my peers."

--Don Pike, Motion, Inc.

For information or to set up a class, visit <http://www.buildingyourteam.com> or fax this form to 1-888-411-2635

YES! I'd like information about

YES! I'd like to schedule a

1/2 day Team FUN-damentals workshop for (#) _____ people in (location) _____.

1/2 day Team FUN-damentals keynote address for (#) _____ people in (location) _____.

Name: _____ Company: _____

Phone: _____ Email: _____

Address: _____ City/St Zip: _____

Event Location: _____ Group Size: _____ Event Date: _____

Invoice me, Attention: _____ or Credit Card # _____ Exp.: _____